

St. Luke the Evangelist Youth ministry

Parent & Teen Retreat Ages 13-18

5605 Cloverly , Temple City, Ca 91780 * email : Youth@stluketemplecity.org* (626) 291-5900 ext. 247

Retreat Theme:

“Rebuilding the Bridges of Communication”

Date:

February 4, 2012

Time: 4pm to 9pm

Location:

St. Luke the Evangelist Catholic Church

In the Hall

5605 Cloverly Ave., Temple City, Ca 91780

(Corner or Cloverly and Broadway)

Cost:

\$35.00 for a Parent and a Teen

Includes Dinner.

Additional Info:

Please contact: Ivonne Melendrez

The Youth minister

(626) 291-5900 ext. 247

Email: Youth@Stluketemplecity.org

WWW.Stluketemplecity.org

Under Youth ministry

Facebook: St Luke Youthministry

Parents: Are you tired of saying the wrong thing? Feelings of inadequacy are widespread among parents of teenagers. Questions such as, "Did I handle this situation correctly?" haunt them. Have you ever felt like this? If you continue to ask such searching questions, then rest assured that you are not alone. Things may appear hopeless, but they are probably better than you imagine.

During the years you have teenagers at home, the resulting tension and disagreements may confuse and distress you. Disagreements may not be pleasant, but they do indicate that the channels of communication are open.

Teens: Are you frustrated because you just don't know how to communicate with you parent? Do you feel like you loose the battle every time, you try to sit down and have a conversation? Well you are not the only one.

Many times as a teen we don't know how to express ourselves much less, how to negotiate or say what we really mean. We loose our patience and begin to yell, or make up excuses.

What will this retreat do for you?

You will receive the necessary tools to help you continue your journey as a Parent and as a teen. Remember it is never too late to start over. Come join us for a very rewarding retreat. Teens invite your parents, and Parents invite your teen. We can guarantee you, you will never regret it.